

# Time Management Activity



**GOAL:** Your child will *ESTIMATE* the amount of time it will take to complete a task.

You will need a timer.

Task: For each activity

1. Write 1-3 word steps for each task (turn water on,...)
2. Predict how long it will take to complete the entire task.

Activities:

1. Wash your hands

<b>Steps to complete task:</b>	<b>How long do you think it will take?</b>
	<b>How long did it take?</b>

2. Brush your teeth

<b>Steps to complete task:</b>	<b>How long do you think it will take?</b>
	<b>How long did it take?</b>