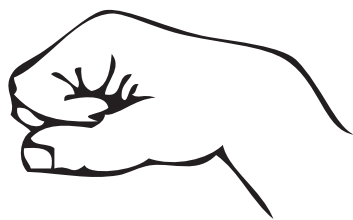


Curwen/Glover Hand Signs



Do



Sol



Re



La



Mi



Ti



Fa



Do

Dating back to the 18th century, these hand signs were later adopted and popularized in music education by Kodály. The hand sign for low *do* is made near your navel. To create a physical connect to pitch, the rest of the signs are made travelling along a vertical path upward from your waist, with the hand sign for upper *do* being made at your forehead (or eye level, as some prefer). Note that the illustrations on this page show how the sign will look to you. Although shown here with the right hand, all may be made with the left.

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