



Job Shadowing is a structured program offering students an opportunity to spend a day or half day (excused absence) with an individual engaged in a career in which the student is interested.

- Students will have the chance to explore a career by observing and talking with someone on the job.
- Students will learn about the day-to-day activities of the job, the educational background required, opportunities, future outlook and related fields.
- The experience will help in making decisions about future education and careers.
- STUDENTS ARE REQUIRED TO PROVIDE THEIR OWN TRANSPORTATION.

NAME _____ **SCHOOL** _____ **GRADE** _____

ADDRESS _____

PHONE NUMBER _____ **DATE** _____

E-MAIL ADDRESS _____

CAREER INTEREST _____

1. Please submit a separate page answering the questions below on required input from Naviance.

2. If you have a specific place in mind where you would like to do your shadowing, please indicate below. Give name, phone number and email if possible.

3. What would you like to actually see and do at your placement?

4. What dates are you available to do the job shadow?

Office Use only:

Mentor Name: _____

Address: _____

Telephone No. _____

Date & Time of Shadow _____

Confirmation to Student Date: _____

Confirmation to Mentor Date: _____

Student Name: _____

Birth Date: _____

Special Health Concerns: (e.g. asthma, diabetes, etc) _____

Allergies (food, medication, latex, etc) _____

Physician Name: _____ Phone Number: _____

Insurance Carrier: _____ Ins. Number: _____

Parent's Name: _____

Parent's Phone: _____ Cell: _____ Work: _____

Emergency Contact: Name _____ Phone _____

PARENT PERMISSION

I request that my child _____
be released from regular classes for a Job Shadow day. Through observation and interviewing, students are able to strengthen, alter or define their future career choices. Before the observation, please discuss with your child his/her career selection, appropriate questions to ask during the observation, proper attire and acceptable behavior. I understand my child will be responsible for any class work missed during the absence on this day, and transportation to and from the observation site must be provided by the student. This is an excused absence.

PARENT SIGNATURE

DATE

Career Job Shadow Required Input



Please provide the following information:

- Why do you want to do a job shadow?
- What are you looking to achieve?
- What field are you interested in and why?
- Have you had any exposure to this field?

To make the best placement possible, please complete the following Naviance research below.

- Read and search *Exploring Careers Through Naviance* on the following pages
- Summarize the information you found on your field of interest:
 - Refer to page 13 and list why you feel the knowledge/skills and task/activities are a good fit for you

Pittsford Schools
Career Exploration
Program

Exploring Careers
through
Naviance



What does Naviance have to do with Career Planning

[Contact Us](#) / [About Hobsons](#) / [Students & Families Sign In](#) / [School & District Staff Sign In](#)



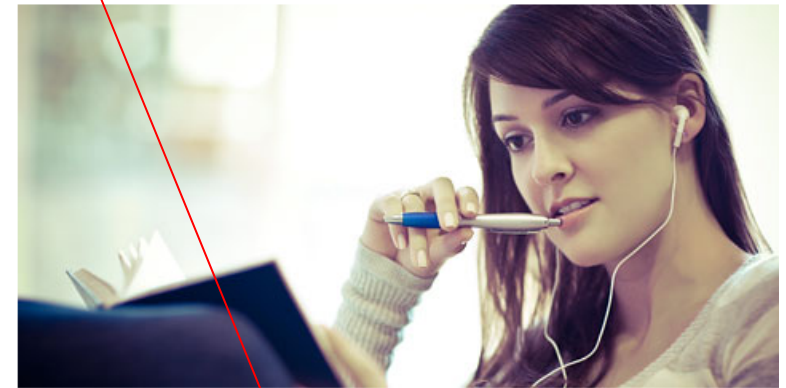
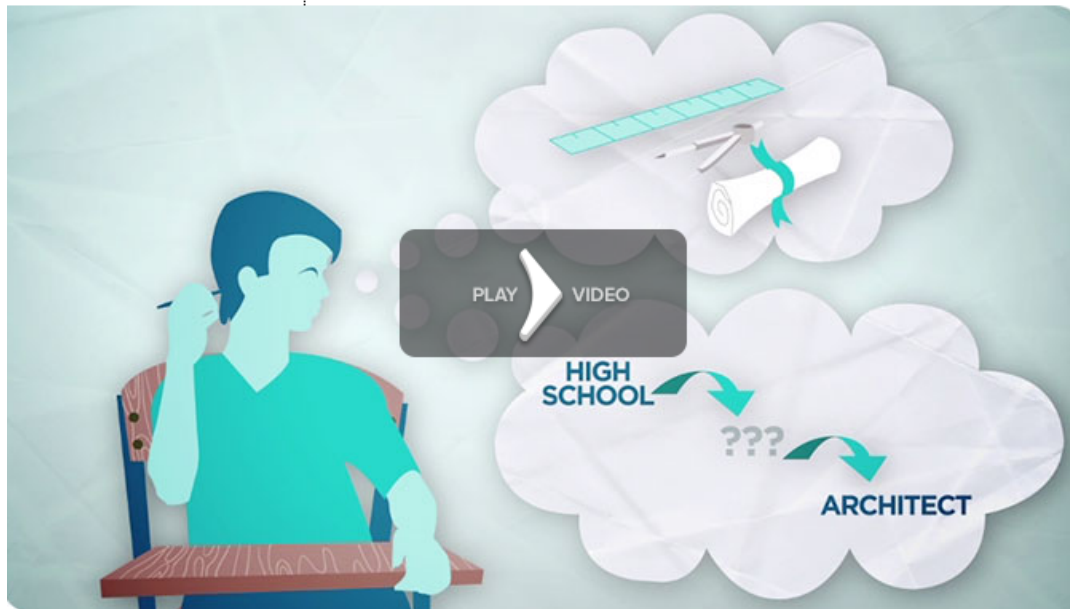
Students
AND FAMILIES

Schools
AND DISTRICTS

Marketplace
SOLUTIONS & PARTNERS

Resources
EVENTS & INFORMATION

by **HOBSON'S**



SHARE THIS INFORMATION



In a World of Options, Students Need a Road Map to Success

NAVIANCE KNOWS THE PATH FOR

Students



Schools

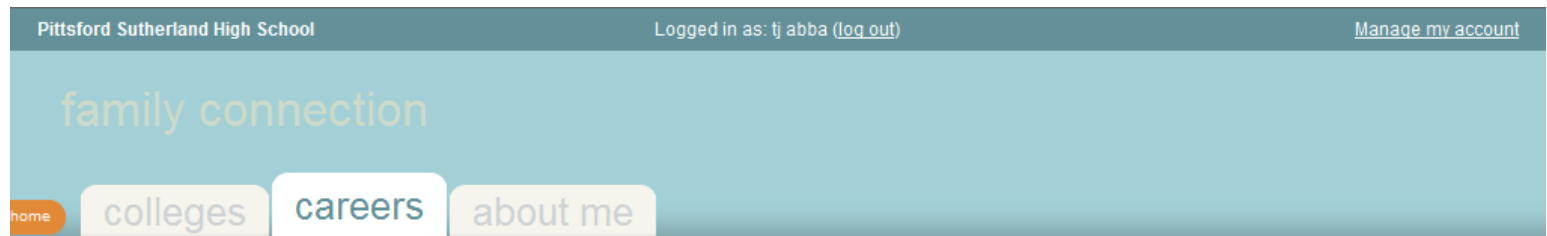
Naviance is a **college and career readiness** platform that helps connect academic achievement to post-secondary goals.

Its comprehensive **college and career planning** solutions optimize student success, enhance school counselor productivity, and track results for school and district administrators.

Options for Career Exploration

Four ways to identify career interests

- Log into your Naviance Account; Click on Careers Tab



search for careers:
 Go
MORE SEARCH OPTIONS >>

4.
Career interest
already known

explore careers

> [favorite careers & clusters](#)

Other: Saved favorites viewed here

> [explore careers & clusters](#)

what are my interests?

> [personality type](#)

> [cluster finder](#)

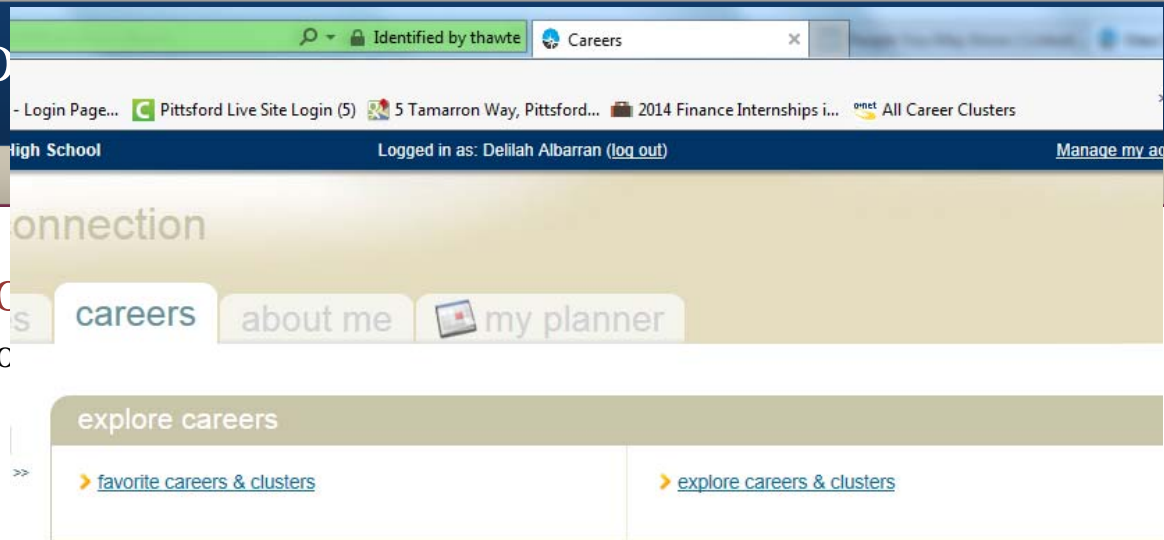
> [career interest profiler](#)

1. View career suggestions based on Myers Briggs Personality Test from Health Class

2. View career suggestions based on Holland Self Directed Search from Health class

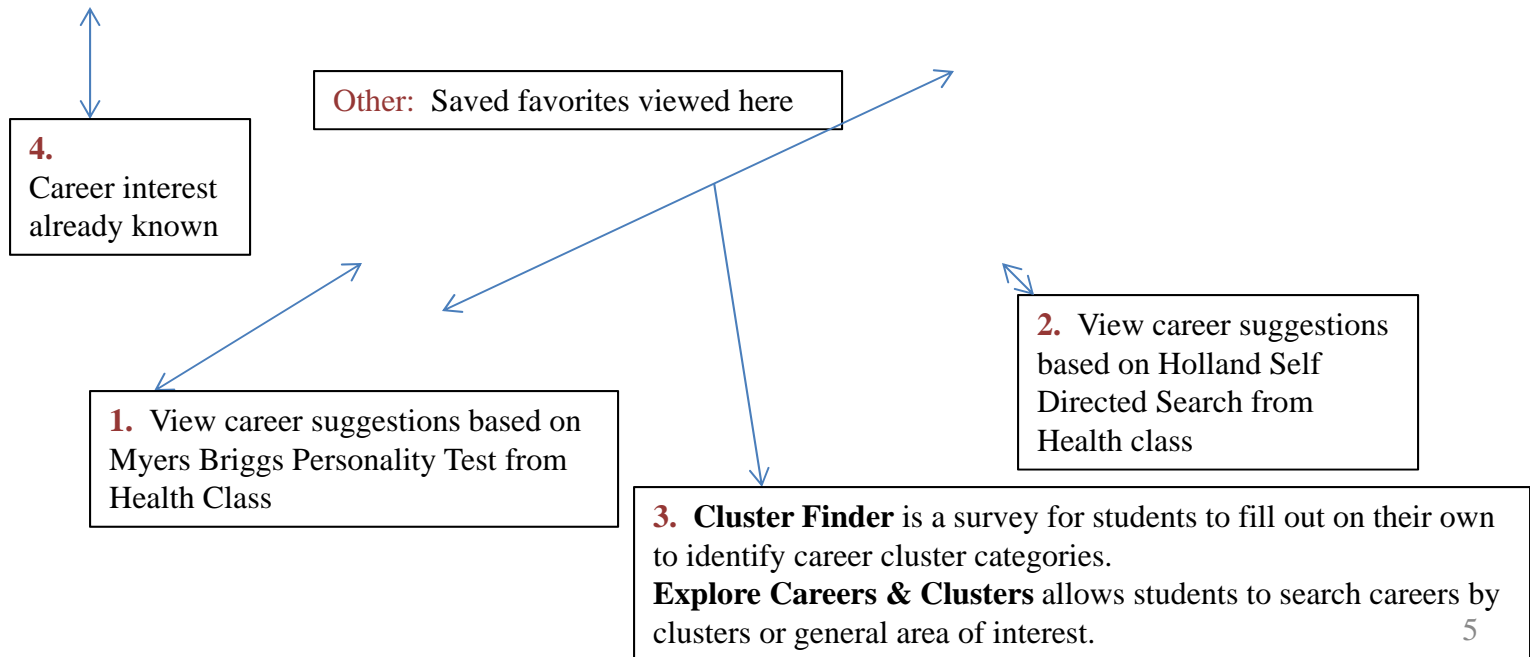
3. **Cluster Finder** is a survey for students to fill out on their own to identify career cluster categories. **Explore Careers & Clusters** allows students to search careers by clusters or general area of interest.

Options



Four ways to

- Log into yc



1. What are my Interests: Personality Type



Myers-Briggs Type Indicator® (MBTI®): A personality inventory to make the theory of psychological types described understandable and useful in people's lives.

- Many factors contribute to a successful future.
- Understanding personality type is among the most useful.
- Interests and skills change during the course of a person's life; however, an individual's personality type remains constant.
- Although individuals are unique, it has been found that people of the same type share similarities in the kinds of academic subjects and careers they find interesting, and the kind of work they find satisfying.
- By understanding the role Personality Type plays, people can gain important insights into their educational, career, and relationship needs.

2. What are my Interests: Career Interest Profiler



Holland Self Directed Search (SDS): This is a self directed survey that helps students understand more about themselves and how their individual skills and interests are related to a career choice.

- SDS was developed by Dr. John Holland, whose theory of vocation is the basis for most career inventories used today.
- Dr. Holland's theory states that most people can be loosely categorized into six types—Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Occupations and work environments also can be classified by these categories.
- Used by more than 30 million people
- SDS results have been supported by more than 500 research studies.

3. What are my Interests: Cluster Finder



Career Clusters: The U.S. Department of Education's Career Clusters are organized into 16 broad categories that encompass virtually all occupations from entry through professional levels.

- Career Clusters identify the knowledge and skills needed to follow a pathway toward career goals and provide a context for exploring the many occupational options available.
- Note that each Cluster is divided into different pathways that are grouped by the knowledge and skills required for occupations in these career fields.

Agricultural & Natural Resources
Architecture & Construction
Arts, A/V Technology & Communications
Business & Administration
Education & Training
Finance
Government & Public Administration
Health Science

Hospitality & Tourism
Human Services
Information Technology
Law & Public Safety
Manufacturing
Marketing, Sales & Service
Scientific Research/Engineering
Transportation, Distribution & Logistics

3. What are my Interests: Cluster Finder

Note: This has **NOT** been given in Health class. Students must initiate survey and results will be given. Students can request favorites to be kept in “Favorite Careers & Clusters” for future reference.

search for careers:

MORE SEARCH OPTIONS >>

cluster finder :: identify a top career cluster

⇒ You have not yet started the survey. Click "let's begin" below...

explore careers

> [favorite careers & clusters](#)

> [explore careers & clusters](#)

what are my interests?

> [personality type](#)

> [cluster finder](#)

> [career interest profiler](#)

1. start

2. activities

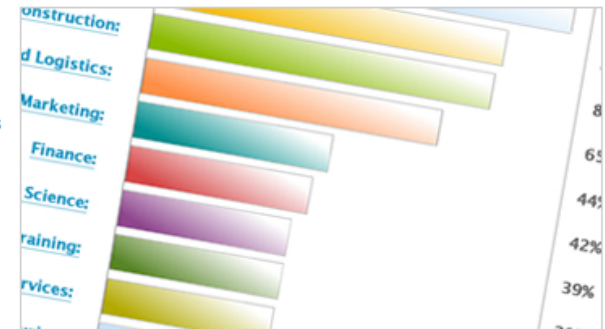
3. personal qualities

4. school subjects

5. results

Find career clusters that match your interests and personal qualities.

The Cluster Finder will help you learn what career clusters may be a good match for you based on activities that interest you, personal qualities that you have and subjects that you enjoy studying in school.



Activities

Select activities you enjoy doing now and would like to do in the future.



School Subjects

Select subjects you enjoy studying in school.



Personal Qualities

Select personal qualities that best describe you.



Results

We'll show you list of the top clusters that are likely to be a good match.

Students begin here:



click the button to get started!

[let's begin](#)

3. Explore Careers: Explore Careers & Clusters



explore clusters & pathways :: [my clusters & pathways](#)

CLUSTER FINDER

Go directly to a cluster or pathway:

-- select --

Career clusters are a way of grouping careers with common features and skills. Careers grouped into the same cluster typically require similar education and training. Exploring clusters can be a useful way to find a good career match, especially if you have general areas of interest but are not sure what specific careers match those interests. Career clusters can also help you better understand how your coursework in school can prepare you for certain types of careers.

Click on a career cluster to explore:



[Agriculture, Food and Natural Resources](#)



[Arts, Audio/Video Technology and Communications](#)



[Education and Training](#)



[Government and Public Administration](#)



[Hospitality and Tourism](#)



[Information Technology](#)



[Manufacturing](#)



[Science, Technology, Engineering and Mathematics](#)



[Architecture and Construction](#)



[Business Management and Administration](#)



[Finance](#)



[Health Science](#)



[Human Services](#)



[Law, Public Safety, Corrections and Security](#)



[Marketing](#)



[Transportation, Distribution and Logistics](#)

3. Explore Careers: Explore Careers & Clusters



Once you have identified your Career Cluster through **Cluster Finder**, you can then go to **Explore Careers & Clusters**.

- Scroll down
- Click on Career Cluster you are interested in viewing in more detail
- You can then click on the tabs as outlined below to find out more information on this Career Cluster.
- Favorites can be saved for future viewing under **Favorite Careers & Clusters**

Overview

Credentials

Related Careers

Related Majors

Plan of Study

4. Career Interest Known or Other Search Options



search for careers:

[MORE SEARCH OPTIONS >>](#)

[explore careers & clusters](#)

[explore careers :: my careers](#)

[explore careers](#)

> [favorite careers & clusters](#)

> [explore careers & clusters](#)

[what are my interests?](#)

> [personality type](#)

CAREER FINDER

Search by keyword:

Browse by alphabet:

[A](#)[B](#)[C](#)[D](#)[E](#)[F](#)[G](#)[H](#)[I](#)[J](#)[K](#)[L](#)[M](#)[N](#)[O](#)[P](#)[Q](#)[R](#)[S](#)[T](#)[U](#)[V](#)[W](#)[X](#)[Y](#)[Z](#)

Browse by category:

Search by Holland Code:

[\(what is this?\)](#)

Narrow down your search by choosing up to three types.

Consistent Categories for each Search Method

Every career and career title will display the following tabs to click on for detailed information.



Overview Knowledge & Skills Tasks & Activities Wages

Annual
wages
by state

- Job Description
- Interests (By Holland Interest Codes)
- Related Occupations:
(Capability to click on each one for more details)
- Related College Majors:
(Links to find colleges)
- Watch a Video option
- Related Career Clusters and Pathways

- Typical Tasks
- Most Common Work Activities

- 5 Most Important Skills
- 5 Most Important Abilities
- 5 Most Important Knowledge Areas


Additional Tools

Learn more about your field of interest by watching on site interviews



explore careers
[favorite careers & clusters](#) [explore careers & clusters](#)


what are my interests?
[personality type](#) [cluster finder](#) [career interest profiler](#)

roadtrip nation interview archive


Roadtrip Nation sends young people on Roadtrips to interview Leaders who have built their lives around their interests.

WHAT'S IN THE ARCHIVE?
3,552 VIDEOS ON
STRUGGLE, TRIUMPH, AND
SELF-DISCOVERY







[EXPLORE MORE](#)



48 THEMES & 29 INTERESTS

First time here? Click on What's Your Road? to watch interviews with people whose interests are similar to your own.

RECOMMENDED LEADERS

 Betty Cortina Editorial Director Latina Magazine	 Bill Bass Forensic Anthropologist	 Charline Wright-Gipson Corporate Lawyer Davillier Law Group, LLC	 Soledad O'Brien CNN Anchor/Special Correspondent CNN	 Ariel Helwani MMA Sports Reporter	 Deon Clark Nuclear Engineer/Founder Palo Verde Power Plant/Legacy Initiative
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SEARCH LEADER STORIES

BY INTEREST Art, Engineering, Environment & Nature, Food, Sports	BY THEME Risk, Fear, Doubt, Confidence, Exploration, Inspiration	BY LEADER Wanda Sykes, Jimmy Chin, Joe Rogan, Ray Kurzweil, Soledad O'Brien, Veronica Belmont	BY PLAYLIST Just sit back, relax, and press play
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Click on *By Interest* and search career fields