

# Pittsford Mendon Basketball

## Off-Season/Summer Training Program-2022

Your summer training and off-season workouts play a vital role in the development of your skill set, strength, and basketball intelligence. It also provides time for you to build/strengthen your relationships with other players and coaches within the Mendon basketball program. The following opportunities to train are open to all incoming **7<sup>th</sup>-12<sup>th</sup>** graders and are encouraged, but certainly not mandatory. I understand that schedules change, and things come up, but please start organizing your calendars now, so that you can minimize conflicts. \*Each player will receive a reversible Mendon Basketball practice jersey when you register for the Summer Program.

<b><u>Team Camp #1:</u></b>	June 6 <sup>th</sup> -June 8 <sup>th</sup>	JV/Varsity	@ MHS	3:15-5:15pm
<b>7<sup>th</sup>-12<sup>th</sup> Grade</b>	June 6 <sup>th</sup> - June 8 <sup>th</sup>	Mod B/Mod A	@ MHS	3:15-5:15pm
<b><u>Team Camp #2:</u></b>	July 26 <sup>th</sup> & July 27 <sup>th</sup>	Mod A, JV, Varsity	@MHS	9:00-11:00am
<b>9<sup>th</sup>-12<sup>th</sup> Grade</b>				

### **Summer Leagues:**

Varsity Players	June 27 <sup>th</sup> – July 20 <sup>th</sup>	Varsity @ St. John Fisher - 8 Games *See Schedule – Monday Nights
JV Players	July 6 <sup>th</sup> – July 27 <sup>th</sup>	JV @ Mendon HS – 8 Games *See Schedule – Wednesday Nights

<b><u>General Workouts:</u></b>	Scheduled in July	(Strength Training/Open Gym)
<b>7<sup>th</sup>-12<sup>th</sup> Grade</b>	(schedule coming)	Mendon HS Gym/Fitness Room

**\$265** registers each **Varsity** player for all activities (Team Camps, Summer League, and General Workouts)

**\$265** registers each **JV** player for all activities (Team Camps, Summer League and General Workouts)

**\$115** registers each **Mod A & B** (Grades 7,8,9) player for all activities (Team Camp #1, and General Workouts)

*\*I am also recommending that our Mod B players attend the July 18<sup>th</sup>-22<sup>nd</sup> session of Pittsford Basketball Camp*

*\*This will be set up as Team Camp, Middle School level, combined with CRMS Mod B players*

*\*Mod B includes incoming 7<sup>th</sup> & 8<sup>th</sup> graders / Mod A includes incoming 9<sup>th</sup> graders*

\*\*\*Please make checks payable to: **Viking Hoops** or Venmo: **@Bob-Nally**

**Return payment & registration form to Coach Nally or Mail to: 8 Lands End Rise, Pittsford NY 14534**

Contact: Bob Nally                      [Robert Nally@pittsford.monroe.edu](mailto:Robert.Nally@pittsford.monroe.edu)                      Cell: 585-750-9497

Website:    <http://www.pittsfordschools.org/webpages/mbasketball/index.cfm> - Mendon Hoops Link

Twitter:    @mendonbball

## Mendon Basketball Registration 2022

\*Please make checks Payable to: Viking Hoops or Venmo: @Bob-Nally

\*Please turn in paperwork and payment to Coach Nally ASAP, as we need to plan for camp staff, facilities & leagues

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Participant's Name \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Player Cell:(used for text message announcements, optional) \_\_\_\_\_ Email: \_\_\_\_\_

It is understood that the Viking Hoops is not responsible for accidents resulting in the medical dental or other expenses including loss of personal items. As legal guardian of the participant below, I grant permission to provide emergency treatment if necessary. The participant below and his/her family assume the risk of injury while participating, therefore releasing Viking Hoops, camp staff, the camp coordinator and the Pittsford Central Schools from liability.

Parent /Guardian Signature:

X \_\_\_\_\_ Date: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_ Policy Number: \_\_\_\_\_