

**THIS COMMITMENT STATEMENT MUST BE RETURNED TO YOUR
COACH BEFORE A STUDENT-ATHLETE MAY PARTICIPATE**

COMMITMENT STATEMENT:

“I have received and understand the TRAINING RULES FOR ATHLETES in the Pittsford Central School District and I agree to observe the team’s procedures, instructions of the coach, and rules of the League, Section V and NYSPHSAA”.

Date: _____

Student Name: PLEASE PRINT _____

Team: _____

School: _____

Student Signature: _____

Parent Signature: _____

Please return completed form to your Head Coach